

DOCTOR'S[®] CHOICE

P: 1-866-226-1722 • F: 1-866-226-1822 • info@doctorschoice.ca • www.doctorschoice.ca

#30A SWEET RELIEF CREAM

Doctor's Choice™ Sweet Relief Skin Cream is an all-natural transdermal cream that provides relief from pain associated with backache, lumbago, strains, bruises, sprains, and arthritic or rheumatic conditions. This unique, high-quality formula includes capsaicin, eucalyptus oil, allantoin, and methylsulfonylmethane (MSM), which work synergistically to soothe aching muscles and joints and help to control pain. Sweet Relief also helps relieve minor skin irritations and itching.



Capsaicin:

Capsaicin is the substance in chili peppers that gives them their heat. It is used in many topical ointments to relieve the pain of peripheral neuropathy (pain in the nerve endings near the surface of the skin). Capsaicin produces a heating effect that deadens the pain when it is applied to the skin.

Studies have shown that capsaicin can relieve arthritic symptoms and improve flexibility of the joints by inhibiting the activity of Decapeptide Substance P (DSP) in the synovial fluid of the joints. DSP can otherwise destroy cartilage and intensify the sense of pain.

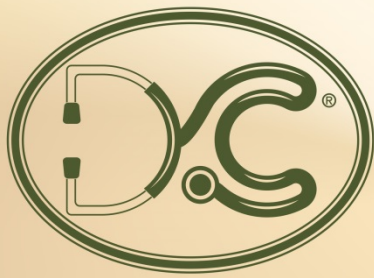
Capsaicin seems to reduce the symptoms of psoriasis. A study published in the *Journal of the American Academy of Dermatology* in 1993 showed that patients with psoriasis who used capsaicin cream had reduced itching, scaling, and redness compared with patients who used a placebo. The researchers concluded that topically applied capsaicin effectively treats pruritic psoriasis.

Eucalyptus Oil:

Eucalyptus oil is known for its anti-inflammatory, antispasmodic, decongestant, deodorant, antiseptic, antibacterial, stimulating, and other medicinal properties. Best known as a powerful antiseptic and decongestant, it is often used for coughs, colds, chest infections, and sinusitis. It is also used for healing wounds, burns, cuts, abrasions, and sores, and it effectively soothes insect bites and stings.

As an anti-inflammatory, eucalyptus oil is helpful in treating muscle and joint pain, and it is often recommended to patients suffering from rheumatism, lumbago, sprained ligaments and tendons, stiff muscles, aches, fibrosis, and even nerve pain.

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Allantoin:

Allantoin is a healing, moisturizing, soothing, non-toxic agent that is used in dermatological, cosmetic, and veterinary preparations. Allantoin stimulates healthy tissue formation and has a pronounced keratolytic and skin-softening action. It acts as a chemical debrider of necrotic and scaling tissue, cleansing the areas where it is applied. Allantoin is effective at quite low concentrations, 0.1% up to 2%, and is used for the treatment of skin ulcers, wounds, scalds, burns and sunburns, carbuncles, acne and skin eruptions, fissures and abrasions, impetigo, eczema, and psoriasis.

Methylsulfonylmethane (MSM):

MSM is a popular dietary supplement promoted for a variety of conditions, including pain, inflammation, allergies, arthritis, and the maintenance of normal keratin levels in hair, skin, and nails. Like other sulphur compounds, MSM is a necessary building block for proteins, especially those found in the hair, muscles, and connective tissue of the joints and skin. Recent studies show that MSM is particularly beneficial for the treatment of arthritis and seasonal allergic rhinitis.

Recommended Dosage: Apply thinly and evenly to affected areas up to 3 to 4 times daily. Rub and/or massage into skin until solution vanishes. For external use only. Avoid contact with eyes and mucous membranes. Do not apply to wounds or damaged skin. Do not tightly bandage, or apply external heat, such as an electric heating pad, as this may result in excessive skin irritation or burn. For children (2-12 years old): application should be supervised by an adult. Consult a health care practitioner for use beyond 7 days.

Recommended Use: Temporarily relieves aches and pains of muscles and joints associated with arthritis, simple backache, lumbago, strains and sprains (involving muscles, tendons and/or ligaments).

Risk Information: Headache, erythema, redness, hypersensitivity; such as allergy, rashes and/or burning discomfort have been known to occur; in which case, discontinue use. Keep out of reach of children. If overdose or accidental ingestion occurs, call a Poison Control Center immediately. Discontinue use and consult a health care practitioner if symptoms persist and/or worsen after 7 days or re-occur within a few days. Do not use if security seal is broken.

Ingredients: 113g

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| MSM powder (methylsulfonylmethane) Lignisul Brand..... | 12% |
| Capsaicin (capsicum annum fruit)..... | 0.05% |
| Eucalyptus essential oil..... | 1% |

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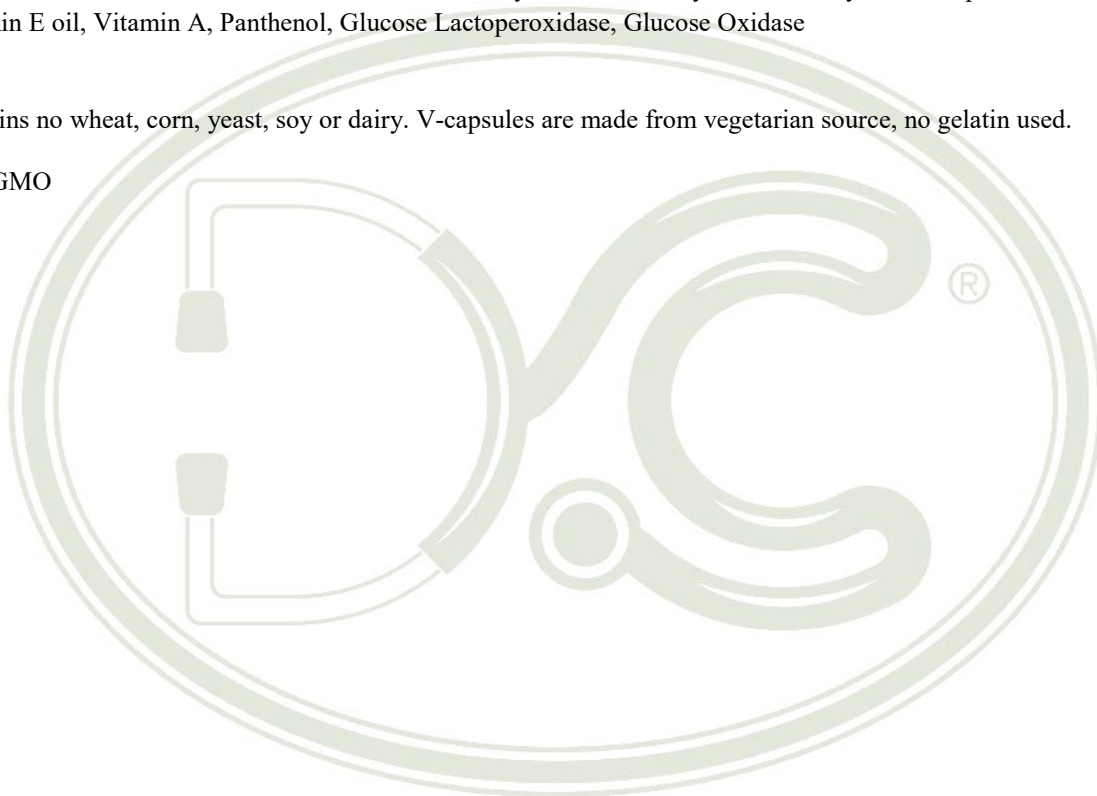
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Non-medical ingredients:

Purified water, Aloe Vera, Sweet Almond Oil, Ascorbyl Palmitate, Cetyl Alcohol, Glycerin, Grape Seed Extract, Vitamin E oil, Vitamin A, Panthenol, Glucose Lactoperoxidase, Glucose Oxidase

Contains no wheat, corn, yeast, soy or dairy. V-capsules are made from vegetarian source, no gelatin used.

Non-GMO



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