

Digestive Discomfort

ACID CALM™

NPN 80056742



Occasional heartburn is a digestive problem that may occur when stomach acid comes into contact with the lining of the esophagus, causing irritation.

Most people suffer from heartburn occasionally, usually after a meal. Although commonly attributed to excessive acid production, occasional heartburn is often a symptom of impaired digestion as a result of factors including lifestyle, diet and genetics.

Supportive nutrients specific to the gastrointestinal region

While many products are formulated to address symptoms, Acid Calm contains natural enzymes that work with your body to soothe indigestion and enhance your body's natural digestive process.

Enzymes produced by the human digestive system play a vital role in overall health. They ensure proper breakdown, absorption and utilization of nutrients from the foods we eat. A deficiency in our natural production of digestive enzymes can be an underlying cause of gastrointestinal complaints, including occasional heartburn and acid reflux.

Acid Calm contains vegetarian enzymes and botanicals to support digestion and soothe symptoms associated with gastrointestinal (GI) distress. Acid Calm contains amylase, lipase and cellulase Thera-blend™ enzymes to enhance carbohydrate, fat and fiber digestion.



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- Contains zinc carnosine for mucosal protection
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Marshmallow has been known to relieve irritation and inflammation of the mucous membranes of the respiratory and gastrointestinal tracts and to help normalize mucous secretions.¹

Papaya leaf naturally contains proteolytic (protein-digesting) enzymes. It has been known to support healthy inflammation.

Herbal ingredients, Prickly Ash and Gotu Kola, provide additional support for digestive discomfort.

Zinc carnosine is a combination of the trace mineral zinc and L-carnosine. It provides soothing support to the digestive tract, strengthening the mucosal lining of the stomach and acting as a buffer to gastric acid. Each one capsule serving of Acid Calm provides 10 mg of zinc carnosine. According to a recent clinical trial, researchers reported beneficial effects of zinc carnosine on gut integrity and repair with standard dosages of 37.5 mg.²

¹ Basch E., Ulbricht, C., Hammerness, P. and Vora, M. Marshmallow (*Althaea officinalis* L.) monograph. *J Herb Pharmacother.* 2003;3(3):71-81, Pub Med PMID: 15277059.

² Mahmood, A., et al. "Zinc carnosine, a health food supplement that stabilizes small bowel integrity and stimulates gut repair processes." *Gut.* 56.2 (2007): 168-75

RECOMMENDED USE:

1 capsule at the end of a meal. Take a few hours before or after taking other medication.

Distributed By:



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Enzyme Science™ utilizes proven ingredients for maximum benefit

Marshmallow Root (*althaea officinalis* r.) is a well-known demulcent for soothing irritated membranes.

Papaya leaf naturally contains the proteolytic enzyme papain.

Prickly Ash (*Zanthoxylum americanum*), a bitter herb, is known for aiding tissue during gastrointestinal distress.

Gotu Kola (*Centella asiatica*) has powerful antioxidant properties. It can also help improve the digestive system.

Amylase Thera-blend™ contains multiple strains of enzymes responsible for breaking down carbohydrates, such as starch and glycogen, into smaller sugars.

Zinc carnosine is a combination of the trace mineral zinc and the amino acid compound L-carnosine. It helps strengthen the mucosal lining of the stomach, acting as a buffer to gastric acid.²

Cellulase Thera-blend™ contains multiple strains of cellulase for digesting dietary fiber. Cellulase is one of the few digestive enzymes our body does not produce.

Lipase Thera-blend™ contains multiple strains of lipase enzymes for catalyzing lipids to form fatty acids and glycerol.

Medicinal Ingredients/Ingrédients médicinaux

Marshmallow Root ^{*1}		95 mg
Papaya Leaf ^{*2}		95 mg
Prickly Ash Bark ^{*3}		55 mg
Gotu Kola Leaf ^{*4}		48 mg
Amylase <i>Thera-blend™-CA</i> ^{*5}	2,500 FCC DU	20 mg
Zinc L-carnosine ^{*6}		10 mg
Cellulase <i>Thera-blend™-CA</i> ^{*7}	400 FCC CU	4 mg
Lipase <i>Thera-blend™-CA</i> ^{*7}	140 FCC LU	1 mg

(*1 *Althaea officinalis*), (*2 *Carica papaya*), (*3 *Zanthoxylum americanum*), (*4 *Centella asiatica*), (*5 Fungal, Bacterial source/Source fongique, bactérienne), (*6 polaprezinc), (*7 Fungal Source/Source fongique)

NON-MEDICINAL INGREDIENTS: 100% Vegetarian Capsule (cellulose, water)

INGRÉDIENTS NON MÉDICINAUX : Gélule végétarienne à 100 % (cellulose, eau)

CONTAINS NO dairy, egg, preservatives, salt, sucrose, soy, wheat, yeast, nuts, corn, gluten, casein, potato, rice, artificial colours, flavours or fillers. **EXEMPT DE :** produits laitiers, œufs, agents de conservation, sel, sucrose, soja, blé, levure, noix, maïs, gluten, caséine, pomme de terre, riz, saveurs et/ou couleurs artificielles, agents de remplissage.

Enzymedica does not use ingredients produced using biotechnology.

Enzymedica n'emploie pas d'ingrédients fabriqués au moyen de procédés biotechnologiques.



ENZYME SCIENCE™
EXCEPTIONAL ENZYME FORMULAS

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